

This a publication of [CAMH Provincial Services](#), Eastern Ontario Area
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Winter 2010



Hastings and Prince Edward | Lennox and Addington | Frontenac | Leeds and Grenville | Lanark

Stigma: Implications for Health Professionals

Free presentation and discussion with Dr. David Goldbloom, **February 11, 2010**, from 1 PM - 4 PM in Kingston at FCMHS. [To register>](#)

Making the Connection Work: Identification and Support for Older Adults with Mental Health and/or Substance Use Problems.

This one-day training event set for **March 12, 2010 in Kingston** aims to improve the knowledge, comfort and skill of service providers who work with older adults. Contact [Heather Lackner](#) for more information and registration details.

Creating Circles of Support in Perinatal Mental Health

Regional workshop in Kingston on **March 4, 2010** from 8:30 AM - 11:45 AM. The workshop will explore the concepts of support and supported self-management in perinatal mental health and discuss strategies how service providers can assist women to create a personal circle of support. [To register>](#)

Welcome to CAMH in the Community

CAMH in the Community is about engaging, supporting, and bringing CAMH resources to Ontario communities with goals of preventing addiction and mental health problems, increasing public understanding of people with mental health and addictions problems, improve the overall health of communities, and helping service providers offer better care through professional development.

This is the first in a series of e-newsletters to highlight CAMH resources including our local projects. We hope you find it helpful.

Stigma: Origins, Consequences, and Implications for Health Professionals

The Mental Health Commission of Canada, in rolling out its anti-stigma campaign, has health professionals among its first targets for intervention. This directive is based on feedback from people with mental illnesses and addictions who have encountered stigma and discrimination in primary care settings, emergency departments, and even in psychiatric clinics and inpatient units. For this reason, the Mental Health Commission of Canada is working closely with a wide range of health professionals to change the attitudes that govern behaviour.

Dr. Goldbloom in Kingston February 11, 2010



Dr. Goldbloom

CAMH is pleased to announce that Dr. David Goldbloom, current Senior Medical Advisor, Education and Public Affairs with the Centre for Addiction and Mental Health and Vice-Chair of the Canadian Mental Health Commission, will be in Kingston to deliver a keynote presentation and discussion on **Stigma**. His focus will be on the origins, consequences, and implications of stigma for professionals.

This **free event** will be of interest to a variety of health professionals in the fields of Primary Care, Addictions, Mental Health, and other allied services. To attend this event, please [register>](#).

Concurrent Disorders and Harm Reduction Workshop

This is a one-day event for the general public and front-line workers in health, education, and social service fields. Tentatively scheduled for Belleville in **June 2010**. Contact [Michael Piercy](#) for more information.

CAMH On-Line

CAMH has a number of interesting on-line courses and webinars scheduled for Winter and Spring 2010. [More>](#)

2010 Summer Institute

The Eastern Ontario Area of CAMH is planning for the return of the Eastern Ontario Summer Institute in Addictions and Mental Health for June 2010 in Ottawa. Contact [Jennifer Barr](#) for more information. [More>](#)

Understanding Psychiatric Medications



CAMH has recently released a new series of booklets for clients and family members. Free copies are available (up to 100 in English and French). [More>](#)

Motivational Interviewing in Primary Care Settings (March and April 2010)

CAMH has developed a new course that introduces a brief form of motivational interviewing developed in a medical setting for use in brief consultations by physicians, nurses and pharmacists in primary care settings. [More>](#)

Links to CAMH Primary Care and Stigma Resources

CAMH Knowledge Exchange is a new website recently launched by CAMH especially designed to support addiction and mental health professionals, help build system capacity and facilitate inter-professional collaboration. [About the website>](#)

The Primary Care section of the website provides tools, resources and links for primary care clinicians – including family physicians, nurses and nurse practitioners, and others – working with people who have substance use and/or mental health problems. [More>](#)

Click on these CAMH resources addressing the issue of Stigma to learn more.



Local CAMH Projects

Local CAMH staff are involved in a variety of projects where they are able to bring CAMH programs, products, and services to the community. Follow the links below to learn more:

[Harm Reduction and Health Promotion](#) | [Alcohol and Drug Related Birth Defects](#) | [Integrated Health Care](#) | [Concurrent Disorders Capacity Project](#) | [CAMH On-line Courses](#) | [Eastern Ontario Summer Institute 2010](#) | [Health Equity](#) | [CAMH in the Community](#) | [Youth, Drugs, and Mental Health](#) | [Young Women and Depression](#) | [Talking About Mental Illness](#) |

Links to Other CAMH Web Resources

Problemgambling.ca is a comprehensive problem gambling website that serves as a first and best stop on the internet for helping professionals and members of the public who are concerned about problem gambling. [About the website>](#)

Reseaufranco.com is a unique web resource for primary care professionals providing addiction and mental health services to francophones across Ontario. [About the website>](#)

CAMH Journal of Addictions and Mental Health is known as [CrossCurrents](#). Follow the links below to some recent and archived articles related to primary care and stigma.

CrossCurrents articles | [Nurse-led clinics increase access to quality care](#) | [Nutrition plays growing role in mental health treatment](#) | [Integrate drug therapy with psychosocial treatment](#) | [Stigma resistance helps consumers](#) |

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[Myths about schizophrenia](#) |

CAMH Publications



The Centre of Addiction and Mental Health is pleased to bring you this catalogue featuring the books that CAMH has published in support of our community. Our mission is to improve the lives of those affected by addiction and mental health problems and to promote the health of people in Ontario and beyond. Our publication program supports that goal by promoting best clinical practice, professional education and development, and by sharing the research conducted at CAMH. [Publications page>](#)

CAMH Research

2009 Ontario Student Drug Use and Health Survey ([OSDUHS](#))



On **Tuesday, January 26 from 1:30 to 3:00** CAMH will be holding a **free** webinar discussing results from the 2009 Ontario Student Drug Use and Health Survey (OSDUHS). The webinar may be of interest to people working with youth in any capacity, community volunteers working with youth and/or youth themselves. Individual registrants only need a computer and internet access. Contact [Shelly Bassett](#) for registration details.

CAMH Public Policy and Health Promotion

CAMH Submission to Select Committee on Mental Health and Addictions. [More>](#)

Future of Health Care in Canada: A Place for Addictions and Mental Health Services. [More>](#)

New! Best Practice Guidelines for mental health promotion programs: Children and Youth. [More>](#)

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